

# Enrichment @



## Sailing

The Sailing Enrichment Activity has been developed to help you get the most from your sport, whatever your level of ability. Like any activity, greater enjoyment of sailing comes from greater competence. Good tuition and sound advice mean that you will learn quickly and enjoy the sport more.

The Activity was first offered in 2008/09 and provides a simple, versatile and easy to understand learning framework for small boat sailing in all its forms. Having completed a level 2 course you can then decide where you wish to pursue the sport and take the next step that suits you.



<http://www.whitlinghamoec.co.uk/sailing.asp>

## Contact

For further information please Nick Cook on 07786 634526 or [n.dcook@gyc.ac.uk](mailto:n.dcook@gyc.ac.uk)